

Medical Health Questionnaire

Name: _____

Gender: Male Female

Birthdate: _____ Age: _____

Blood Type: _____

Date of Last Physical: _____

Date of Last Tetanus: _____

Group: _____

Trip Dates: _____

If you are 60 years old or more please also complete [Physician Approval](#) (pg. 37)

Have you purchased the required traveler's insurance for your trip? Yes No
Please provide proof of traveler's insurance to your group leader

Have you ever been diagnosed with Malaria or Dengue Fever? Yes No
If yes please circle to indicate diagnosed type

Is anyone in your immediate family dealing with a major medical issue while you are in Panama? Yes (*explain*) No

Do you have experience as a medical care giver or certifications in first aid/CPR?
 Yes (*list*) No

Please describe any chronic medical conditions or major medical events including surgeries:

List any major allergies to food or substances (medications):

List any medications that you will be bringing/taking during the trip:

*****Complete both pages*****

List any mental health issues that you have been treated for or suffer from:

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Are there any other medical issues that we should know about as we host you in Panama?

Emergency Contact(s) *minimum of 2 contacts required*

Name : _____ Relation: _____

Phone: _____ Cell: _____

Email: _____ Other: _____

Name : _____ Relation: _____

Phone: _____ Cell: _____

Email: _____ Other: _____

Please sign to attest all information is true and accurate:

X _____ Date: _____

Please Complete and Return to Group Leader

This information will be kept confidential and will be disposed of properly after the end of the trip